



What our clients say about us...

"I truly enjoyed attending the Women in Leadership Program. This course helped me in a journey of self-discovery and empowerment as a professional woman. What I found extremely helpful is that this journey was shared with other women in an environment of openness and understanding. This was only possible because of Pamela and Isolde who are extremely experienced and knowledgeable coaches. Thank you both for a great memorable experience." **Paola Rossi, Sr. HR Business Partner, Webroot.**

"If you're looking to learn something new about leadership, but more particularly about yourself and would enjoy an empowering environment then this is the course for you. I've thoroughly enjoyed the content, space, support and challenge and would highly recommend it to others." **Sinead Doherty, Senior Director, Symantec Corporation**

"Their training and coaching style is warm, grounded, with a deep emphasis on emotional intelligence and personal awareness – exactly what's needed to make relationships and therefore organizations work. I feel empowered and energized through working with them, both in my personal life and at work", **Katrin Drescher, Senior Manager, Symantec Corporation**

Who we are

Pamela Fay

MSc. Executive Coaching, MBS International Marketing and BA Business Studies

Having started work in FMCG marketing in 1995 I established my consulting business in 2004. I qualified as a coach in 2009 and have been coaching full time since. I work with individuals and teams who are embarking on transformational change in work and life.

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Isolde Norris

BA, MBA, DipAdvMgtBEC, ProfDipAdvBEC

I established KOI Business Coaching & Consulting Ltd in 2009 specialising in executive coaching, leadership and team development and organisational change services. I have global experience working with clients from a diverse range of industry sectors including telecoms, IT, pharmaceutical, FMCG, semi-state and not for profit.

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NORRIS & FAY COACHING



Women in Leadership Program

2017

Collaborating on programmes in coaching, leadership and people development

Course Overview

Day 1 – Presence & Impact

- Who are we and what do we want to achieve?
- Emotional Intelligence Model - Emotions & Behaviors at Work (EBW) Feedback.
- Personal Branding Model.

Day 2 – Being Effective in Change

- Change (Model 1) - Understanding how we humans make impactful change.
- Change (Model 2) – What one change would make the biggest difference to our lives?
- Embodying Change.

Day 3 – Influencing & Relationships

- Exploring how we are in relationship to others.
- Relationship Mapping.
- Verbal and non-verbal communication.

Day 4 – Planning for 2018

- Review and celebration of the year.
- Goal Setting Part One (Individual Work).
- Goal Setting Part Two (Pairs and Wider Group).

Women in Leadership

Join us for a four-non-consecutive day, collaborative event, for women who want to put time and energy into reflecting on achievements so far in their careers and answer the question “where to from here?”.



We encourage participants raise their awareness of how they are as leaders at present and understand what areas they want to change and/or develop.

Peer to peer interaction is also a core element of the work because we believe there is real value in creating a space for women to explore and develop their leadership and skills with the support of other female leaders.



2017 Programme dates

2nd February
25th April
16th June
13th October 2017
3 x 1 hour telephone coaching sessions
in between the course dates.

Location

RDS Members Club, Ballsbridge,
Dublin 4.

Cost

€1600+VAT.

Other offerings

- Presence, Impact and change programme
- Group supervision for coaches
- Coaching skills for leaders
- Executive coaching

Website

www.norrisfaycoaching.com

