

"I truly enjoyed attending the Women in Leadership Program. This course helped me on a journey of self discovery and empowerment as a professional woman. What I found extremely helpful is that this journey was shared with other women in an environment of openness and understanding. This was only possible because of Pamela and Isolde who are extremely experienced and knowledgeable coaches."

Paola Rossi, Sr. HR Business Partner, Webroot.

"For me the Women in Leadership programme provided a compelling space and context to learn, reflect and grow, both personally and professionally. Pam and Isolde bring the perfect blend of challenge, guidance and reflection to help programme participants to raise their awareness of themselves and the environments in which they operate. It is in this increased awareness that real movement can occur."

Annalisa O'Carroll, Business Coach and Consultant

"If you're looking to learn something new about leadership, but more particularly about yourself and would enjoy an empowering environment then this is the course for you. I've thoroughly enjoyed the content, space, support and challenge and would highly recommend it to others."

Sinead Doherty, Senior Director, Symantec Corporation

"Their training and coaching style is warm, grounded, with a deep emphasis on emotional intelligence and personal awareness – exactly what's needed to make relationships and therefore organizations work. I feel empowered and energized through working with them, both in my personal life and at work".

Katrin Drescher, Director, Globalization

"I was delighted to participate in the programme. It was empowering and liberating. It gave me the confidence to get to a place where I want to be"

Angela Smith, BlueStar Consulting

"This course has enabled me to challenge my beliefs and fears to make positive changes in my life."

Ann O'Connell, Business Development and EU Collaborations

Who We Are

Pamela Fay

Having worked in FMCG marketing early in my career, I set up my consulting and coaching business in 2004. I work with individual clients through my one to one executive coaching and am immersed in the coaching world as a qualified coach supervisor and lead lecturer on the UCD Smurfit School Coaching Diploma. I hold a Masters in Executive Coaching and a Masters in International Marketing.



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MSc. Executive Coaching, MBS
International Marketing,
DipAdMgtBEC, ProfDipAdvBEC

Isolde Norris

I established KOI Business Coaching & Consulting Ltd in 2009 specialising in executive coaching, leadership and team development. I have global experience working with leaders and their teams from a diverse range of industries, to create thriving work environments



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MSc Executive & Team Coaching, MBA,
BA, Dip Coaching Supervision



Women in Leadership Coaching Programme

Norris & Fay Coaching



Please call Pamela on 086 1737125 or Isolde on 086 6054996 to book or for more information

Course Overview

Day 1 – Presence & Impact

- Who are we and what do we want to achieve?
 - Emotional Intelligence Model - Emotions & Behaviors at Work (EBW) Feedback
 - Personal Branding Model
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Day 2 – Being Effective in Change

- Change (Model 1) - Understanding how we humans make impactful change
 - Change (Model 2) – What one change would make the biggest difference to our lives?
 - Embodying Change
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Day 3 – Influencing Relationships

- Exploring how we are in relationship to others
 - Relationship Mapping
 - Verbal and non-verbal communication
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Day 4 – Planning for 2021

- Review and celebration of the year
- Active Listening & Reflection
- Goal Setting and Action Planning

Women in Leadership

Join us for a four-non-consecutive day, collaborative event, for women who want to put time and energy into reflecting on achievements so far in their careers and answer the question “where to from here?”

The programme supports participants in raising their self-awareness of how they are as leaders at present and understand what areas they want to change and/or develop. Peer to peer interaction is also a core element of the work because we believe there is real value in creating a space for women to explore and develop their leadership and skills with the support of other female leaders.

Information

2020 Programme dates

31st January
6th March
3rd July
25th September

3 x 1 hour telephone coaching sessions in between the course dates.

Location

RDS Members Club, Ballsbridge, Dublin 4.

Cost

€1,850 plus VAT (early bird €1,600*)

*Bookings made before the 1st of January 2020

Other offerings

- Presence, Impact and change programme
 - Group supervision for coaches
 - Coaching skills for leaders
 - Executive coaching
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Website

www.norrisfaycoaching.com